

What if I said... I will give you \$1,000 or the opportunity to touch 1000 lives. Which would you choose?

An act as simple as a smile can make someone's day. Sometimes we get so consumed in our own lives we forget the impact our attitude has on the people with whom we come into contact with each day. Do you realize you give a gift to everyone you meet? You either give them the desire to be more like you or you show them a person they do not want to be. What gift are you giving? Let the following affirmations be inspiration for you to better yourself and in turn, better the lives of others.

Tom Hopkin's Morning Mental Workout:

(Copy & laminate this, then hang it in your shower. What a way to start your day!)

- * I will win. Why? I'll tell you why – because I have faith, courage and enthusiasm.
- * Today, I will meet the right people in the right place at the right time for the betterment of all.
- * I see opportunity in every challenge.
- * I'm terrific at remembering names.
- * I have clearly defined goals.
- * I never take advice from anyone more messed up than I am.
- * I never let a negative thought enter my head.
- * I am a winner, a contributor, an achiever. I believe in me.

**Dreams take
time, patience,
sustained effort,
and a willingness
to fail if they are
ever to be
anything more
than Dreams.**

Affirmations for Building a Business

To realize
your dream,
you must have
a dream to
realize.

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| 1) I am my own best customer | 7) I am coachable |
| 2) My calendar is full of business building activity | 8) I cannot fail, for I fail forward |
| 3) I attend everything | 9) I lead by example |
| 4) I spend time daily for self-development | 10) I know when to let go |
| 5) I 'build up' those around me | 11) I visualize and act the part I want |
| 6) I don't let my feelings get the best of me | 12) I say, "Whatever it takes" |

I believe I'll
accomplish what I set
out to do. I believe in
my strength, my
perseverance,
my tenacity.
I believe in my goals.
I am focused and I
am determined.
Most of all, I
believe in the
One guiding me.

The world is a better place
because of those
who refuse to believe
they cannot fly.

*Never let your mind
mess with your
potential –
Pat Davis*

**I am a
business
builder
magnet!**

The Difference

I got up early one morning
and rushed right into the day.
I had so much to accomplish
that I didn't have time to pray.
Problems tumbled about me
and harder came each task.
"Why doesn't God help me?" I wondered,
He answered, "You didn't ask."
I wanted joy and beauty,
but the day was gray and bleak.
I wondered why God didn't show me.
He said, "You didn't seek."
I tried to come into God's presence;
I used all my keys at the lock.
God gently and lovingly said,
"My child, you didn't knock."
I woke up early this morning,
and paused before starting the day.
I had so much to accomplish
that I had to take time to pray.

I am a powerful and positive business builder.
I have the ability to inspire people to become great
leaders, to grow personally
and become incredibly successful.
I lead one of the largest Arbonne Nations!

Are you *making* it happen, *watching* it happen, or *wondering* what happened?