



# building nations

## *Eight Daily Missions for Success*

### **MINDSET** - 20 minutes

- 15-20 minutes of personal growth and development.
- Recite your goal card, affirmations and visualize your future.
- Write down 5 things that you are grateful for each morning or night.
- Bonus: Training Audio/Video

### **ACTIVITY** - 40 minutes

- Reach out to 5 new people, this will lead to 40 new conversations! (20 min.)
- Follow up with 5 people (prospects, clients and team) (20 min.)  
- Ex: PC rewards, renewals, samples, host asks, birthday, thank you
- Sprinkle 1-3 social media posts about Arbonne into your daily life.
- Do 1 income producing activity.  
Show up for your biz every day!

## *Examples of Income Producing Activity*

- ★ Zoom launch event
- ★ In person event or Zoom/FB event
- ★ Share 30 DTHL program
- ★ Coffee date or one on one appointment
- ★ Ask to host
- ★ 3 way call or Zoom with upline AM or VP
- ★ Send recorded video, or invite to live event
- ★ Nutrition, skincare or color match consultation
- ★ Follow up/Collect referrals
- ★ Hostess Coaching
- ★ Give a sample of nutrition or skincare with your contact information, and connect with them on social media
- ★ Host a table at a vendor event or other location