

ENERGY FIZZ STICKS



- Help promote energy, alertness and endurance
- Help enhance cognitive performance
- Help reduce fatigue
- Contains antioxidants and a botanical blend of ginseng, B vitamins, CoQ10, and chromium
- Combined with caffeine naturally derived from guarana and green tea to help boost energy
- No artificial colors, sweeteners, or flavors
- Convenient, easy to transport and use (keep some at home, in purse, or desk)
- 3 Flavors: Citrus, Pomegranate and Strawberry
- 30 sticks per box
- 15 calories per serving

How to use: Add 1 stick pack to 8 oz. to 20 oz. of water and stir. Do not pour into a full glass or water bottle as fizzing could cause an overflow. Enjoy 2–3 times per day.

TIP: If too sweet, add more water.

Allow powder to completely dissolve and enjoy. Once dissolved, add ice or refrigerate for a refreshing drink. Make at night and place in the fridge for a quick pick-up-and-go drink as you run out the door in the morning.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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KEY Ingredients & BENEFITS

- Guarana supports energy
- Ginseng Root helps support physical capacity and performance
- Coenzyme Q10, an antioxidant, helps fight free radicals
- Chromium helps support healthy blood sugar levels already in the normal range
- Riboflavin helps metabolize carbohydrates, fats and proteins to provide energy
- Niacin helps support energy-yielding metabolism of macronutrients

How to use

Add 1 stick pack to 8 fl. oz. of water and stir. Do not pour into a full water bottle as fizzing could cause an overflow. Do not exceed 3 stick packs per day.

NOTE: This product is not intended for children and those sensitive to caffeine. Pregnant or breastfeeding women, those with a medical condition, and those taking medication should consult with a healthcare professional before use. Do not use if outer seal is broken or missing or if packet is torn or open.

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